

We'll connect to you in just a moment.



Every Day, 8am-8pm

NO MATTER  
WHERE YOU  
ARE ON THE  
JOURNEY,  
TEXT US.

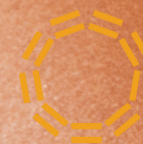
646-681-1648

@justbirthspace



Free pregnancy and postpartum support.

Whenever you need it.



JUSTBIRTH  
SPACE

FREE, VIRTUAL  
PERINATAL SUPPORT  
FOR ANYONE.



## ABOUT US

JustBirth Space is a virtual platform that offers free, responsive, and compassionate perinatal support through text and video chat, as well as virtual support groups and classes.

Pregnant people and parents in New York City and northern New Jersey can access support on a full spectrum of topics including pregnancy, labor, birth, postpartum, and infant feeding.

JustBirth Space's support team is made up of community-based doulas, lactation consultants, childbirth educators, and postpartum experts, all providing warm, welcoming, and empathetic support that is inclusive and safe for all identities.

JustBirth Space is a partnership between Ancient Song Doula Services, Village Birth International, Jacaranda Health, and Every Mother Counts.

TEXT US 646-681-1648



## ***Pregnant or postpartum?***

Get free, virtual support in the palm of your hand.

## OUR OFFERINGS

**PREGNANCY  
SUPPORT GROUP  
(ENGLISH & SPANISH)**

**POSTPARTUM SUPPORT  
GROUP**

**INFANT FEEDING  
SUPPORT GROUP**

**SINGLE PARENTS  
SUPPORT GROUP**

SIGN UP TODAY

Text JustBirth Space  
for FREE, compassionate,  
and responsive virtual support!

646-681-1648

***We're here for you.***

Chat with us today & join an  
online support group or class!

**CHILDBIRTH  
EDUCATION (ENGLISH  
& SPANISH)**

**QUEER FAMILIES  
SPACE**

**PRENATAL YOGA**

**NEWBORN CARE &  
INFANT FEEDING CLASS**

[www.justbirthspace.org](http://www.justbirthspace.org)